

Carla Ryan

Nationality	AUS
City	Teneriffe (AUS)
Birth date	21.09.1985
Age	24
Height	
Weight	
Pro since	2008
Cervélo since	2009
Previous teams	2008 – 2008: Cervélo – Lifeforce
Career highlights	<ul style="list-style-type: none"> 1 Open de Suede Vargarda (SWE) 2009 2 Giro del Trentino Alto Adige (ITA) 2009 1 RR National Championships (AUS) 2009 1 TT National Championships (AUS) 2009 1 Open de Suede Vargarda (SWE) 2008 1 TT National Championships (AUS) 2008

Biography

Ryan started the 2009 season off with a dramatic note, pulling the double to claim victory in both the time trial and road race in the national championships of her native Australia. Her European racing started with a crash in the Ronde van Gelderland, and after that her season didn't even begin until June, but she quickly confirmed her place among the best, helping teammate Claudia Häusler ride to second at the Emakumeen Bira and then helping her win the Giro d'Italia Femminile, while finishing 11th and 8th, respectively. Also, she confirmed her talent by finishing second on the last stage and in the general classification of the Giro del Trentino. For 2010, she will continue to work on her time trialing and climbing capabilities to develop the necessary skills to challenge for longer stage races.

Hobbies:

Spending time with my fiancé, going to dinner and coffee shops. Training and socializing in the gym when I'm home in Brisbane.

Field of study:

Sports and events marketing

Favorite charity:

[Royal Children's Hospital](#). I spend time volunteering at the hospital when I'm in Australia. It is nice to give something back by bringing a smile to the children's faces.

Favorite training ride:

Riding the Stelvio Pass, in the northern Italian Alps

Favorite race:

Tour de l'Aude

Favorite Cervélo bike:

R3. It's so light and handles so well. It's my favorite bike for climbing.

Product development goal for 2010?

I am really looking forward to utilising a power meter for my training.

Personal cycling goal for 2010:

Help the team defend our number 1 world ranking, and continue to show my abilities as a climber and perform well in the Tour de l'Aude and Giro d'Italia.

Personal career highlight:

Becoming dual National Champion in 2009, for the road and time trial events

How and when did you begin riding?

I had a running injury so I bought a road bike to cross-train in 2005. I started racing in 2006 in Australia before going to Europe with the Australian National Team in 2007.

When did you know you wanted to be a pro?

When I first started racing

What was the proudest moment in your life?

When my partner asked me to marry him

Why do you want to be part of Cervélo TestTeam?

The team feels like a family to me. All the team and staff are great to work with. The equipment is also the best in the world.

Favorite cycling moment:

When Lance attacked Jan Ullrich and won the stage after crashing twice, during the Tour in 2003

What do you want to do after your career in cycling?

Work alongside my partner in building his businesses. I'd also like to one day have a family.

Cycling tip for the average rider:

Never stop having fun.